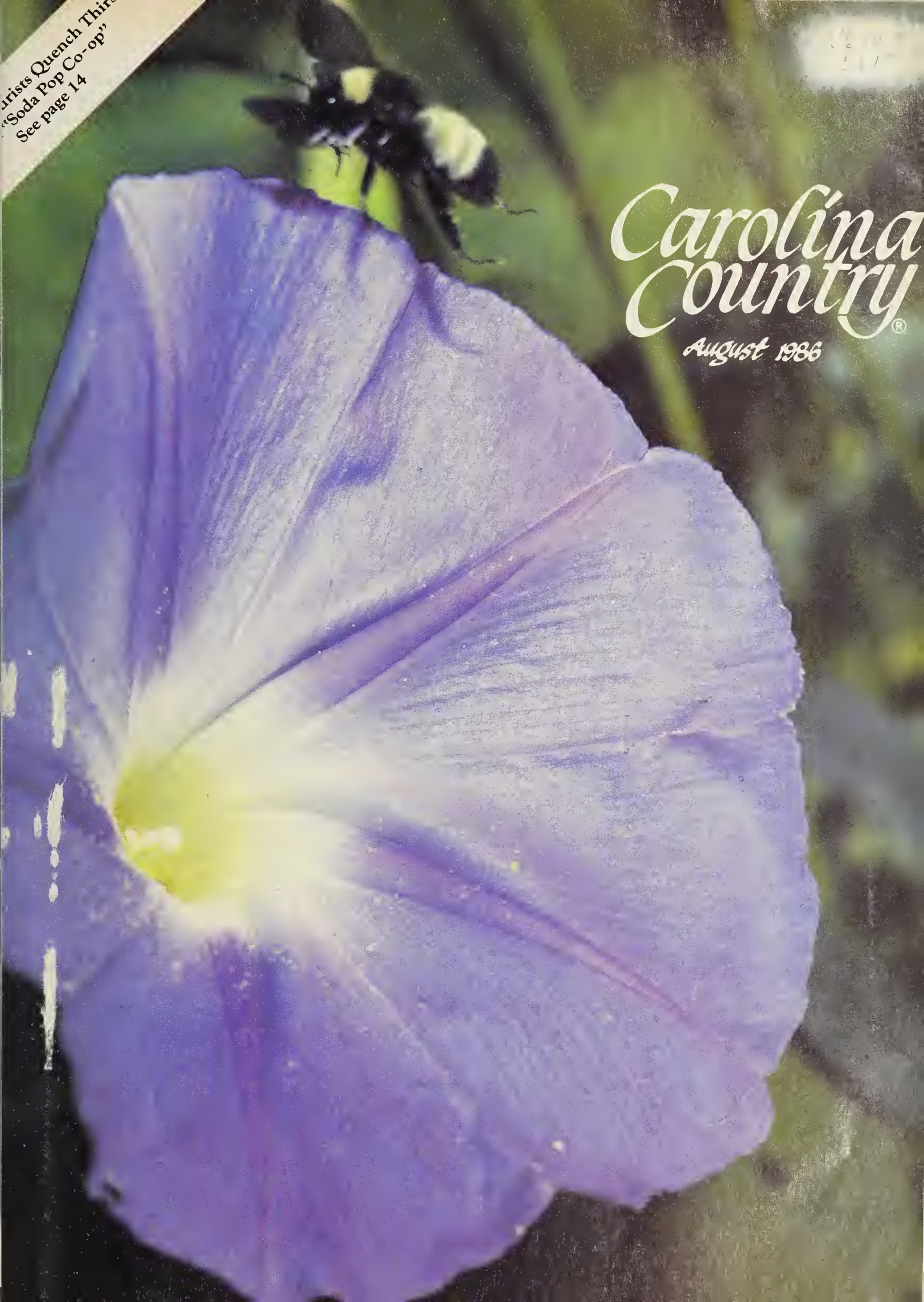
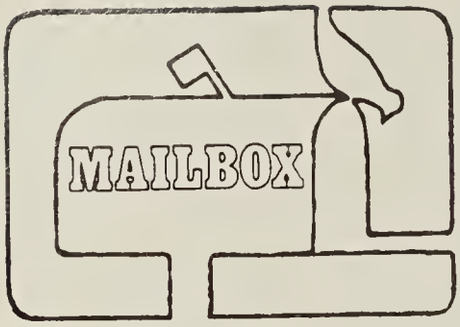

urists Quench Thir
"Soda Pop Co-op"
See page 14
Carolina Country®
August 1986



Anniversary Print Made A "Special Gift" For Couple

We really liked the cover of the May, 1985, issue of *Carolina Country*, commemorating the 50th Anniversary of rural electrification. We decided to order the print ("Times Past" by Allen Montague) for our son and his wife as a gift for their new home.

We had it framed and it is just beautiful!

Since our son is an employee of Union Electric Membership Corporation, Monroe, they were especially pleased with our special gift.

Thank you for a good little magazine.

David and Frances Helms
Monroe

These prints are still being offered to Carolina Country *readers through the ad on page 25.*

After Freezing, Magazine Label "Peels Off Fine"

About the labels messing up the pretty front page of your magazine:

Put the picture in a plastic bag and freeze it in the freezer overnight. The label peels off fine for me this way. Try it!

This also works on sealed envelopes.

Faye Duckworth
Rt. 5, Morganton

State Agency Offers Help On Starting New Businesses

I would like to start a small fabric shop and need some information about where to buy supplies. Could you please help me?

Alma Jewel
Washington, NC

This request was forwarded to the North Carolina Department of Commerce, which provided the information for Mrs. Jewel. Assistance of this sort is routinely offered by the agency's Business Assistance Division, 430 North Salisbury St., Raleigh, NC 27603.

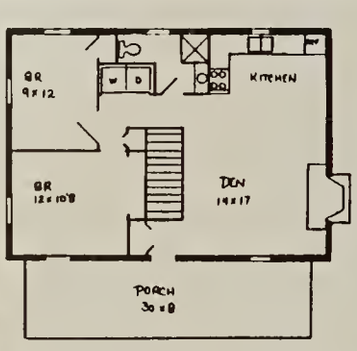
Wants Print Of June Cover Photo

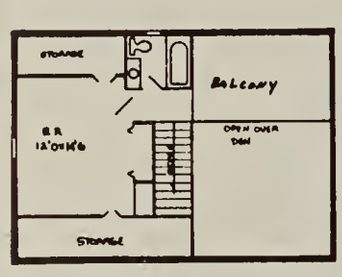
I would like to obtain a print of the wildflowers on the cover of your June, 1986, issue. Please send me the necessary information on how to place an order.

Mrs. Harry McCracken
Waynesville

Ron Phillips, who made the photo, is prepared to offer prints of the shot. For details, write or call him at 14 Circle Street #6, Granite Falls, NC 28830. Phone: (704) 396-7787.

COMPARE





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VIEWPOINT

Primary Shift: "Smart Politics"

The North Carolina General Assembly has wisely jumped on the bandwagon with 11 other Southern states who will hold their presidential primaries on March 8, 1988.

The regional primary—or "Super Tuesday" as it is touted—will enable the South's voice to be heard loud and clear in the higher councils of national politics.

About one-third of the delegates to both political conventions will be chosen on "Super Tuesday."

In recent years, the North Carolina presidential primary has been held in May—long after primaries had been staged in other states.

The Tar Heel primary carried little weight so late in the game. There was even talk in Raleigh of abolishing it as a meaningless exercise.

But beginning last year, it dawned on the Sun Belt states that in unity there is power. Other states who are holding primaries on March 8 will be Alabama, Florida, Georgia, Kentucky, Louisiana, Maryland, Mississippi, Missouri, Oklahoma and Tennessee.

Virginia and South Carolina, which elect delegates by party caucuses, will begin that process on March 12, only four days later.

The benefits of "Super Tuesday' far outweigh its drawbacks. Critics contend that in a tight race that goes down to the wire, the South will have already spent its political capital and would thus lose influence in a showdown.

"The regional primary—or "Super Tuesday" as it is touted—will enable the South's voice to be heard loud and clear in the higher councils of national politics"

That risk is worth taking. If history can be a guide, there haven't been that many down-to-the-wire contests in either party in recent years.

The regional primary also has the virtue of making life easier for political candidates. Rather than flying in and out of the South to meet a hodgepodge of primary deadlines, candidates can stay put in an area and concentrate their energies in one region.

"Super Tuesday," we predict, will also encourage more voters to turn out on primary day. When they realize that North Carolina's primary has true clout, they will be more inclined to exercise their own clout at the polling place.

The state legislature has played smart politics by adding North Carolina to the ranks of other states who will vote on "Super Tuesday." No longer will North Carolina be a Johnny-come-lately to presidential primaries.

Come March 8, 1988, there will be a lot of drawls and y'alls heard across the political landscape.

It's about time.

—*The Greensboro News & Record*

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Catawba Plant's Unit 2 Produces First Power In Preliminary Testing

The Catawba Nuclear Station near Charlotte, which is partially owned by North Carolina's Electric Membership Corporations, has passed another major milestone in the preparation of the facility for full commercial operation.

Unit 2 of the plant produced its first electricity as part of the preliminary testing at 9:47 a.m. May 18.

The plant's Unit 1 went into commercial operation on June 29, 1985. The EMCs own 56.25 percent of that unit.

> **Unit 2 produced its first electricity as part of the preliminary testing at 9:47 a.m. on May 18**

Just four days before Unit 2 produced its first power, the Nuclear Regulatory Commission had voted unanimously to approve the issuance of a full-power operating license for the unit, which is being built by Duke Power Company.

The unit had been undergoing low-power tests since last February.

Hal Tucker, vice president of nuclear production for Duke Power, said the unit would continue to be operated at gradually increased levels of production.

"Over the next few months, we will be concentrating on power escalation testing and will be gradually increasing power levels on the unit," Tucker said.

The Catawba Nuclear Station is jointly owned by Duke Power, a group of North Carolina municipal systems, a group of South Carolina municipal systems, a group of South Carolina electric co-ops and N.C. Electric Membership Corporation, which is the power supply arm of the statewide organization of EMCs.

The plant is situated on Lake Wylie in York County, SC, about 19 miles southwest of Charlotte.

"We're delighted to see how smoothly the testing has gone on Unit 2," said Jim Hubbard, executive vice president of the statewide EMC organization.

"Once this unit goes commercial, the co-ops will finally begin to reap the full benefits of this joint venture with Duke Power Company—benefits that have already saved millions of dollars for the state's co-op consumer-members."

The 1,145- megawatt unit is expected to go into commercial operation later this year.

The joint project was established in 1981 after the co-ops had been involved in negotiations with Duke for five years.

The arrangement provided the EMCs with their first ownership of generating facilities and established N.C. EMC as a full-fledged generating and transmission operation.

In that role, N.C. EMC is the power supplier for its 27 member co-ops.

This means that charges for electricity from the Duke arrangement and for power from other companies are billed to N.C. EMC rather than the individual co-ops. N.C. EMC, in turn, bills the co-ops for the power their consumer-members use each month.

Shake the habit.

Salt—It's responsible for a lot more than seasoning your food. It can also contribute to high blood pressure, a risk factor for stroke and heart attack. It's a habit you can't afford not to shake.

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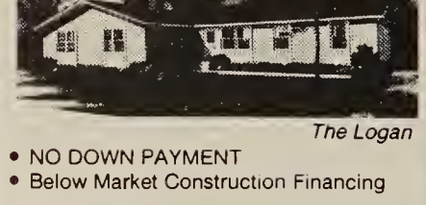

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FREE to Readers of This Publication
All-Season Strawberries for Fall Planting

New 'Brighton' Bears Spring, Summer, Fall & Winter Starting This Spring

For Fall Planting

Cold-hardy *Brighton* strawberries planted in Fall make strong root growth, will start bearing big, luscious strawberries this coming spring and continue all summer, fall and winter, too!

Three Berries Fill Both Hands (Just Like This)

There has never been a strawberry like *righton*, yielding big, juicy berries all four easons of the year. Other strawberries ave built-in 'time clocks' that automatical- stop them bearing as soon as long sum- er days arrive. Even the so-called 'Ever- earer' types stop bearing except during ort, cool days of spring and fall. But NOT *righton*.

New *Brighton* strawberry is the first of a ew race of perpetual-bearing strawberries fficially called 'day neutrals' (a scientific ame meaning 'unaffected by day length'). ey even continue their non-stop produc- n in temperatures up to 95 degrees, and ill keep on bearing during winter when ken indoors.

ew Breakthrough in Strawberries

Developed by plant scientists at the Uni- rsity of California, from a single plant dis- vered near Salt Lake City, Utah, *Brighton* quires no special care to start bearing ads of fruit, continuously. Each plant is so ager to bear fruit it starts flowering and uiting this coming spring by planting OW, THEN sets an exceptional number of rong 'runners' and daughter plants that LSO flower and bear fruit the same eason. What's more, these 'bonus' plants ill produce flowers and fruit whether oted in soil or not. This makes them great for decorative planters and hanging baskets. Imagine just two plants in a pot with beautiful white star-shaped flowers and cascades of delicious red fruit hanging all around the sides.

Plus, with each order of *Brighton* strawberry plants, we send you FREE complete planting instructions, including tips on planting in containers, growing indoors, ensuring heaviest yields, largest fruit and other helpful ideas.

FREE OFFER

The best news of all is that Spring River Nurseries has secured almost all the available supplies of *Brighton* strawberry, allowing home gardeners to grow as few as two plants to test—or plant a whole patch of up to 100 plants. What's more, Spring River Nurseries is giving readers of this publication the opportunity to grow these incredible 'perpetual-bearing' strawberries FREE. If you want just two plants to test send only $1.25 to cover postage and handling. *The plants are on us!* Spring River Nurseries supplies healthy rooted plants ready to start bearing fruit this coming spring.

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Antique Gun Show Set In Gate City

The Third Annual Carolina Antique Only Gun and Civil War Show has been scheduled for Sept. 27-28 at the Holiday Inn Airport in Greensboro.

The show will feature exhibits of Confederate swords, outstanding North Carolina long rifles and Kentucky rifles. All items to be displayed were made prior to 1898.

The event will be sponsored by the John Sloan Camp, 1290 of the Sons of Confederate Veterans, a non-profit organization. Proceeds from the show will be used to purchase historical markers.

For more information, write or call C. Michael Briggs, 251-A N. Greene St., Greensboro, NC 27401. Phone: (919) 274-4758 Monday through Friday from 9 a.m. to 5:30 p.m.

Funds Sought To Expand Pope Air Base Exhibit

Members of the Tar Heel Chapter of the Airlift Association are currently raising funds to return "a piece of history" to Pope Air Force Base, an association official said.

The association plans to move a C-119 "Flying Boxcar" from Florence, SC, to Pope to join two other aircraft already on exhibit as reminders of the planes that performed past missions for the base and the 317th Tactical Airlift Wing.

Pope housed four squadrons of C-119s in the mid-and late-1950s, according to Col. John D. Fox, U.S. Air Force Airlift Center vice-commander and chairman of the fund-raising campaign.

"This C-119 may not have been stationed at Pope, but more than likely flew through here. They are becoming rare and more difficult to locate. We need to raise roughly $4,000 to $6,000 to get this one to Pope."

He said individuals who donate $100 or more to the campaign will have their names inscribed on a plaque to be displayed near the aircraft. Organizations will be honored in that way when they give $500 or more.

Donations should be made by sending a check payable to the Airlift Association, Tar Heel Chapter, PSC Box 9563, Pope AFB, NC 28308.

Military Mail Call Commends Tar Heels For 1985 Efforts

Five North Carolina organizations and individuals have been singled out for a special commendation from officials of Military Mail Call for their outstanding participation in the national program last year.

They are Louise L. Strickland of Woodland; the Level Cross United Methodist Church in Randleman; Ruffin's unit of the Disabled America Veterans; Debra H. Allen's Keyettes at Lejeune High School, Camp Lejeune and the Future Homemakers of America Club at Blue Ridge School, Glenville.

Mail received from organizations and individuals across the country in 1985 was sorted by Mail Call into more than 650 bundles and distributed to members of the armed forces around the world.

For information about how to participate in the program, send a stamped self-addressed envelope (business-size if possible) to: Militar Mail Call, Box 14397, Norfolk, VA 23518.

NCSU School Honors Mabe

An executive in one of the nation' largest poultry firms has been selecte for the 13th Annual Distinguished Alumnus Award of the School of Agriculture and Life Sciences at Nor Carolina State University.

He is Donald W. Mabe of Rt. 3, Princess Anne, MD, president and vice chairman of the board, Perdue Farms, Inc. He graduated from NCS in 1953 with a B.S. degree in poultry science and joined Perdue four years later as a salesman.

Frank Perdue, chairman of the board, said Mabe encouraged the Maryland-based company to expan into North Carolina, where it now has 4,300 employees and an annual payroll of about $50 million. Perdu has broiler production contracts wit over 1,000 North Carolina farmers and spends nearly $100 million in t state each year for corn, soybeans ar other feed supplies.

Home Folks

Perry Langston, a Campbell University professor, has been awarded the 1986 Distinguished Alumnus Award of the Southwestern Baptist Theological Seminary in Fort Worth, Texas ..... **William F. Powell**, chairman of the board of Nash General Hospital in Rocky Mount, has been awarded the first Trustee Merit Award from the North Carolina Hospital Association ..... Six North Carolina artists have been awarded $5,000 fellowships from the N.C. Arts Council. They are **Jim Starrett** of Raleigh, a painter; **Patrick Dougherty** of Chapel Hill, who weaves sculptures with maple saplings; **Victor Faccinto** of Winston-Salem, an artist who works in mixed media; **Thomas Sullivan** of Asheville, who makes collages; **Xavier Toubes** of Chapel Hill, a ceramics artist and **Dennis Zaborowski** of Chapel Hill, who works on large-scale drawings.

Mabe is a 54-year-old native of Kernersville. His selection for the alumnus award was made through a vote of the school faculty.

Fund To Benefit Children Of Challenger Victims

A non-profit charitable trust to benefit the children of the Challenger Space Shuttle disaster victims has been established by the American Security Bank in Washington, DC.

First Lady Nancy Reagan is serving as Honorary Chairperson of the Space Shuttle Children's Fund, which was established the day after the Jan. 27 tragedy.

Eleven children, ranging in age from one to 25 years, will benefit from the fund-raising project.

Make checks payable to Space Shuttle Children's Fund, c/o American Security Bank, Box 0150, Washington, DC 20055. For information, call toll-free: 800-462-7878.

Roanoke EMC Receives REA Loan For Project

Roanoke Electric Membership Corporation, Rich Square, has received a $525,000 loan from the Rural Electrification Administration to help finance an expansion project.

The project involves building 42 miles of distribution line to serve about 730 new consumers, improving existing distribution lines, erecting a substation and making systemwide improvements.

A $230,000 loan from the Rural Utilities Cooperative Finance Corporation will also be used to finance the project.

The EMC serves about 11,000 consumer-members in Hertford, Bertie, Gates, Northampton, Halifax, Chowan and Perquimans Counties.

Cover: Photo By Union County Man

"Master Gardener," is the title the photographer assigned to our cover photo of a bumble bee buzzing above a morning glory blossom. The photographer was Linn D. Garibaldi Jr. of Rt. 1, Marshville. He is a consumer-member of Pee Dee Electric Membership Corporation, Wadesboro.

Honor Roll List Has Four Tar Heel Schools

Four North Carolina schools were among the 270 public and private schools that have been listed on the Reagan administration's first honor roll recognizing elementary education.

The Tar Heel schools are Brevard Elementary School in Brevard, Ira B. Jones Elementary School in Asheville, Park View Elementary School in Mooresville and W. G. Pearson Elementary School in Durham.

In announcing the honor roll, Education Secretary William J. Bennet said the schools selected "share a common attribute: they're good schools; they provided their young students with a solid foundation for later life."

The 270 schools were picked for the honor based on use of available resources and meeting students' needs.

Continued on page 8

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"Reminiscin' Rhythm" Slated In Charlotte

The Queen Chorus of Sweet Adelines, Inc., will sponsor "Reminiscin' Rhythm," at Oven's Auditorium in Charlotte, Sept. 13 at 8 p.m.

Featured in the show will be the women's singing groups, Dixie Music Company and Diamonds in the Rough as well as the men's quartet Classmates.

Tickets are $7 in advance and $8 at the door.

Sweet Adelines, Inc., is an international organization which promotes four-part harmony, barbershop style, for women.

For additional information, write or call Dawn Phifer, 4132-C Providence Road, Charlotte, NC 28211. Phone: (704) 527-6437.

Awards Honor Faculty Members At UNC-G, ECU

A poet-novelist who teaches at the University of North Carolina at Greensboro and a member of the East Carolina University faculty have been named recipients of the 1986 O. Max Gardner Awards.

The awards were presented to Fred Chappell, a poet and novelist who is a professor of English at UNC-G and Dr. Edgar Loessin, director of the ECU theatre program.

The award, which is the highest bestowed by the University of North Carolina on faculty members of its 16 campuses, was established by Gov. O. Max Gardner. It is presented annually to the faculty members who during the current academic year have "made the greatest contributions to the welfare of the human race."

Special Events

Special events scheduled across North Carolina this fall include:

- The 28th Annual Albemarle Craftsman's Fair, featuring various types of crafts, Sept. 25-28 at the Knobbs Creek Recreation Center in Elizabeth City. For more information, write to J. Kern Ormand, P.O. Box 1301, Elizabeth City, NC 27909.
- The Perquimans County Indian Summer Festival, Sept. 12-13 in Hertford, will include arts and crafts, antiques, outside dancing and entertainment. For more information, write or call Mary Harrell, Perquimans County Chamber of Commerce, P.O. Box 27, Hertford, NC 27944. Phone: (919) 426-5657.
- Gourd musical instruments and a gourd-head doll contest will be part of the 45th Annual Gourd Festival in Cary, Sept. 6-7 at Jordan Hall. For more information about the festival, write or call Mary Ann Rood, Rt. 5, Box 210, Apex, NC 27502. Phone: (919) 362-4357.
- The Fifth Annual Currituck Wildlife Festival, featuring wildlife art, decoy carvings, auctions, crafts and bird-calling contests, Sept. 13-14 at Currituck High School in Barco. For more information, write or call Nellie Heath, Currituck Wildlife Guild, P.O. Box 91, Shawboro, NC 27973. Phone: (919) 336-2787 or 338-3014.
- The Third Annual Foothills Festival, Labor Day in downtown Elkin, will feature crafts demonstrations, entertainment, 1930s movies, a tennis tournament, a raft race and an exhibit of Junior Johnson's winning race cars. For more information, write or call Cissie Roth, P.O. Box 24, Elkin, NC 28621. Phone: (919) 835-2025.
- The Class of 1976 at Winston-Salem's Parkland High School will hold a class reunion Sept. 13 at the Elks Club on Silas Creek Parkway. For more information, write Class of '76, P.O. Box 232, Welcome, NC 27374-0232. Or call Kathy Craven at (919) 764-1865.
- The Tenth Annual French Broad River Week, scheduled for Sept. 6-14 in Asheville, will feature river clean-up projects, canoe and raft trips, hikes along the river and the French Broad Riverfest. For more information, write or call Bill Eaker, 25 Heritage Drive, Asheville, NC 28806. Phone: (704) 254-8131.

Art Museum Opens New Picnic Area

The North Carolina Museum of Art has opened a new picnic area which is available to all museum visitors, including student and adult groups. Situated in a grove of trees at the rear of the building, adjacent to the parking lot, the picnic area features eight tables.

The project was funded by the N.C. Art Society, the membership organization of the museum. The tables were designed and constructed in the museum using materials provided by the Art Society, which also underwrote the landscaping costs.

Groups who wish to reserve the picnic area in conjunction with a tour of the museum should call the education department at (919) 833-1935, Ext. 145.

Designer Showcase Set In Richlands

An ante-bellum home in Richlands which will be transformed into a Designer Showcase by various professional designers, will be open to the public Sept. 12-Oct. 5.

The Miller-Venters House, which has been part of the farming community for more than 100 years, will feature 16 decorated rooms.

A Tea Room will be open during the show and special events, which will include concerts in the garden.

The event is being sponsored by the Onslow County Museum Foundation to raise funds for a new building to house the museum's collection.

For more information, write to the Onslow County Museum Foundation, P.O. Box 384, Richlands, NC 28540. Or call Maggie Erwin at (919) 347-5232 or 455-2165.

Two Cities To Host Home Show

A new exhibition show focusing on homes and home improvements has been scheduled in two North Carolina locations in September.

The Southern Ideal Home Show, which is sponsored by Southern Shows, Inc., will be held Sept. 4-7 at the Charlotte Convention Center and Sept. 18-21 at the N.C. State Fairgrounds in Raleigh.

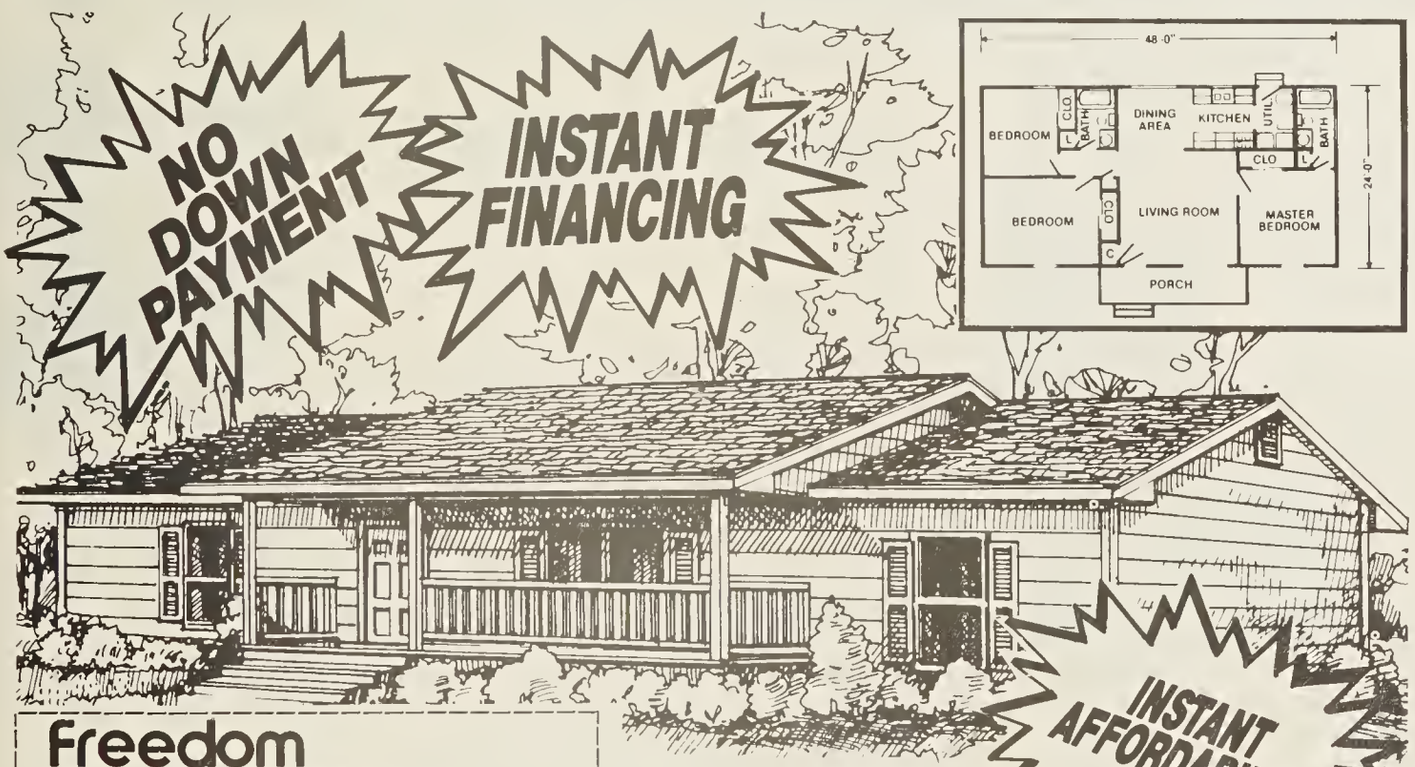
Featured in each show will be a complete house and condominium, special clinics on do-it-yourself techniques as well as hundreds of exhibits on home building, decorating, fixtures and appliances, flooring and carpeting, insurance and financing, hardware and tools.

In addition, Southern Shows' Southern Women's Show is slated for Sept. 18-21 at the Charlotte Convention Center. It'll feature 75 food vendors offering free samples, coupons and recipes, cooking clinics, fashion shows, cosmetic makeovers and wardrobe consulting. Exhibits will include crafts, sewing, fitness and jewelry.

The Southern Women's Show will be held in Raleigh May 5-8, 1987.

Admission to each show is $4 for adults and $2 for youths 6-18. Children under 6 will be admitted without charge. Group tickets for groups of 30 or more are $3 each.

For more information, call or write Southern Shows, Inc., P.O. Box 36859, Charlotte, NC 28236. Phone: (704) 376-6594 or toll-free (800) 532-0189 in North Carolina or toll-free (800) 334-0248 in other states.



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Word Search

This Word Search originally appeared in *Consumer Connection*, a publication of East Kentucky Power Cooperative, Winchester, KY. It's reprinted with the permission of East Kentucky Power Cooperative and the Preston Group, Lexington, KY. Answers appear on page 16.

1. Light Bulb
2. Rural
3. Cooperation
4. Safe
5. Heat Ducts
6. Heat Pump
7. Water Heater
8. Insulation
9. Energy
10. Air Conditioner
11. Electric
12. Clean
13. Dependable
14. Generating Station
15. Add on Heat Pump
16. Dual Fuel
17. Ground coupled

L	I	G	H	T	B	U	L	B	N	Z	S	O	A	E	P	C	I	R	T	C	E	L	E	D
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For "Homegrown" Items Only

Labels Identify Tar Heel Products

The North Carolina Department of Agriculture is helping agribusinesses alert consumers to the fact that their products were "homegrown" in the Tar Heel state.

Through a new marketing program sponsored by the state agency, items using raw products from North Carolina can display a green-and-white "Goodness Grows in North Carolina" label.

"We want the whole world to know that goodness does grow here," said Agriculture Commissioner James A. Graham.

The label program "will be a tool for food companies to use to alert consumers that their products are homegrown, so to speak," he added.

Participation in the program is exclusive to companies producing products using a minimum of 50 percent raw product from this state in their formulations.

Thus far, a total of 18 companies have qualified for the marketing effort.

They are: Barber Orchards, Waynesville, apples; Bolton Farms, Oxford, lettuce; Carolina's Best Golden Popcorn, Albemarle; Duplin Wines, Rose Hill; Lakeside Mills, Seven Springs, corn meal and related products; Lundy Packing Company, Clinton, pork products; Morning Glory Eggs, Richfield, hard cooked shelled eggs; Osprey Seafood, Washington, crabmeat; Pine State, Raleigh, dairy products.

Also: Springdale Farms, New London, eggs; Stegall Smoked Turkey, Inc., Marshville; Thomas Greenhouses, Burgaw, greenhouse tomatoes and cucumbers; Tropical Nut and Fruit, Charlotte; T. W. Garner Food Co., Winston-Salem, Texas Pete Sauces; Wingfield Farms, Tyner, sweet potatoes; Joseph D. Teachey Jr. Produce Company, Wallace; Coble Dairy Products Cooperative, Lexington and Tree Oaks Ltd., Newland, Christmas trees.

For information about how to qualify for the Goodness Grows in North Carolina program, write to GGINC, N.C. Department of Agriculture, P.O. Box 27647, Raleigh, NC 27611. Or call Teresa Parker Hamby, program coordinator, at (919) 733-7912.

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COUNTRY KITCHEN

Want To Share Your Recipes?

If you would like to share a recipe with this column, send it to: *Carolina Country*, P.O. Box 27306, Raleigh, NC 27611.

We pay $5 for published recipes and present each monthly winner a set of 50 recipe cards featuring a reprint of the published recipe.

Old Fashioned Blackberry Pie

Submitted by Evelyn Stafford of Tuckasegee

Pastry

10 Tbsp. shortening
2 cups flour
¾ tsp. salt
6-8 Tbsp. cold water

Filling

2½ cups blackberries
3 Tbsp. cornstarch
¾ cup blackberry juice
1 cup sugar

Blend flour and shortening well; add salt and water. Roll dough for two crusts. Drain blackberries. Thicken juice with cornstarch mixed to a paste with a little of the juice. Add sugar and blackberries and allow to cool. Pour filling into pie crust and cover with upper crust. Bake at 450 degrees for 10 minutes; lower heat to 350 degrees and bake for 20 minutes longer.

DO YOUR OWN THING

Illuminating Lampshades

Often, all it takes is a change in the shape or color of your lampshades to give your room a whole new look. Now you can make your own custom-designed paper lampshades with the help of this full-color 15-page guidebook.

Following the step-by-step directions and pull-out traceable patterns, learn how to construct 14 different styles—three of which are pictured here. Then use the guide's templates to cut and pierce lovely designs for an extra special effect. It's an easy way to re-decorate—and inexpensive, too!

To obtain **Lampshades Cut & Pierced**, #GM56, send $5.25, including first class postage and handling.

You can also make fabric lampshades to match or complement your upholstery, bedspreads, curtains or table settings! Using the easy-glue technique explained in this 13-page guidebook, step-by-step instructions will guide you in everything from purchasing materials to the finished shade.

To obtain **How To Make Lampshades**, #L101, send $5.25, including first class postage and handling.

For a variety of handicrafts, you may like to try our **Sewing Grab Bag** #CB14 (six different guidebooks **Not** including #GM56 or #L101), $9.95.

Also available is our 112-page catalog picturing over 700 woodworking and handicraft projects, $2.95.

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Your children or grandchildren may know of "the little red schoolhouse" only through the tales of their elders, but the charm of those quaint buildings can be part of their own backyard.

Painted bright red and crowned with its own little belfry, the schoolhouse dimensions are 44½" square and 4' tall. Our step-by-step plan even includes a traceable pattern for the word "School" and the plywood bell that hangs in the belfry.

Also available is an alpine-style playhouse measuring 48" square and 7' tall. It features chalet-type redwood trim, a simulated-brick chimney and dutch doors.

To obtain **Little Red Schoolhouse**, #619 and/or **Alpine Playhouse**, #658, send $3.95 for each one (includes first class postage and handling).

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Tar Heel Tourists Quench Thirst With "Soda Pop Co-op"

Participants in North Carolina's 1986 Rural Electric Youth Tour returned from the week-long trip to Washington with far more than memories: they'd had some personal experience in operating their own cooperative.

The 38 high school students on the tour became the members of a "soda pop co-op" that supplied canned drinks for the group throughout its trip, which is sponsored annually by North Carolina's Electric Membership Corporations.

When the group gathered in Raleigh for an orientation session before leaving for the nation's capital, the youths organized the co-op by adopting Bylaws, collecting membership fees of $1 per member and electing a five-member board. (See box).

The "soda-pop co-op" was organized to provide the Youth Tour participants an opportunity to learn how co-ops operate while also providing the Tar Heel youths with affordable soft drinks.

After reviewing the cost of labor and the drinks—which were supplied by the Pepsi Bottling Company of Raleigh at wholesale prices—the co-op's board set its price at 35 cents per 12-ounce can.

The usual price for such drinks in Washington is 75 cents.

In keeping with the traditional principles of co-op operations, the board agreed that after all operating costs were covered, any margins remaining at week's end would be refunded to the members along with their membership fees.

As a result, the tourists saved money on all the drinks they bought through the co-op and each of them received a 4-cent refund from margins when they returned home.

Once the co-op was organized, the board selected James Benton of Rt. 1, Lawndale, from among several Youth Tour applicants to serve as the co-op's manager.

Elected To Board

Elected to the Board of Directors of the Youth Tour "soda pop co- op" were Virginia Dickens of Enfield, who represented Halifax EMC, Enfield; Stuart Squires of Rt. 1, Merritt, representing Tideland EMC; Roger Watson of Lenoir and Javid Heravi of Sparta, both representing Blue Ridge EMC, Lenoir and Melanie Cornelison of Mocksville, representing Crescent EMC, Statesville.

—Dusty Rhodes/Crescent EMC, Statesville

Tar Heel students who helped organize a "soda pop co-op" prepare to enjoy the venture's products during a week-long visit to Washington, DC. The students established the co-op to provide canned drinks at affordable prices for the 38 participants in the 1986 Rural Electric Youth Tour, which is sponsored by North Carolina's Electric Membership Corporations. From the left are: Standing—Stuart Squires of Rt. 1, Merritt, who represented Tideland EMC, Pantego; Mary Elizabeth Russ of Shallotte, Brunswick EMC, Shallotte; James Benton of Rt. 1, Lawndale, Rutherford EMC, Forest City; Javid Heravi of Sparta, Blue Ridge EMC, Lenoir; Terrell Williams of Rocky Point and Nicholas Gazaleh of Rt. 1, Wallace, both representing Four County EMC, Burgaw. Seated—Mark Stanley of Rt. 1, Clarendon, Brunswick EMC, Shallotte.

Benton, who represented Rutherford, EMC, Forest City, on the tour, earned $1 a day for overseeing drink sales, maintaining records of sales to each co-op member, keeping the drinks cold and making sure the members had an adequate supply of drinks on the group's chartered bus and at its motel.

Benton "hired" his own assistant manager to help run the fledgling co-op at a salary of 75 cents a day.

She was Mary Elizabeth Russ of Shallotte, who represented Brunswick EMC, Shallotte, on the trip.

Although this "soda pop co-op" was the first to be organized in this way, it was inspired by a similar co-op that was formed by participants in the 1985 Youth Tour.

That group arrived in Washington totally unprepared for the soft drink prices there—and immediately organized an informal "soda pop co-op" that operated without a manager or board.

When the co-op was dissolved at the end of the trip, each member received a refund from margins amounting to 12 cents.

The annual Rural Electric Youth Tour is an educational program for Tar Heel high school students that's coordinated by the statewide organization of EMCs.

Participants, who are selected by the EMCs through various competitions, visit tourist attractions in Washington and meet with members of the North Carolina congressional delegation.

They also join about 1,000 youths from other states in programs on the operations of electric co-ops and in recreational events.

Additional coverage of the 1986 Rural Electric Youth Tour will appear in the September issue of Carolina Country.

—Phil Morgan/Brunswick EMC, Shallotte

Members of the Rural Electric Youth Tour's "soda pop co-op" board review plans for supplying soft drinks to the group with assistance from Dusty Rhodes, manager of member and public relations at Crescent EMC, Statesville, far left. Board members, from the left, are: Stuart Squires of Rt. 1, Merritt, who represented Tideland EMC; Roger Watson of Lenoir, Blue Ridge EMC, Lenoir; Virginia Dickens of Enfield, Halifax EMC, Enfield; Melanie Cornelison of Mocksville, Crescent EMC and Javid Heravi of Sparta, Blue Ridge EMC, Lenoir.

Randolph County Student Gets National Board Seat

A Randolph County high school student has been selected as North Carolina's representative on the Youth Consulting Board of the National Rural Electric Cooperative Association (NRECA).

She is Leatha Fields, daughter of Mr. and Mrs. Fred Hemric of Asheboro, who was selected for the board post from among the 38 Tar Heel high school students who participated in the national Rural Electric Youth Tour to Washington in June.

The national youth board participates in various programs of the association and serves as an advisory group to the association regarding its youth activities.

Miss Fields was sponsored on the Youth Tour by Randolph Electric Membership Corporation, Asheboro.

Elected as the alternate delegate from North Carolina was Mary Elizabeth Russ, daughter of Mr. and Mrs. C. Michael Russ of Shallotte. She'll serve on the national board in the event that Miss Fields cannot do so.

Miss Russ, who was sponsored on the tour by Brunswick EMC, Shallotte, was also selected to represent the Tar Heel group in a Quiz Bowl contest involving youths from across the country.

Davidson Team Wins Shooting Championship

West Davidson High School in Lexington defeated 49 other schools to emerge as the overall champion in the eighth annual North Carolina Hunter Safety Shooting Tournament in Kinston.

In the junior high division, West Bertie Elementary School in Roxobel finished first.

The tournament is sponsored by the N.C. Wildlife Resources Commission, and competition is held in three events—archery, rifle and trapshooting. Only school teams may compete and all team members must have completed a Commission-sponsored hunter safety course.

The winning West Davidson High School team set new state records in all three events.

The team was coached by Kevin Long and members were Allen Lamb, Chad Hartley, Greg McElrath, Ramie Spainhour and Bodie Owens. West Davidson was followed by Pamlico High School of Bayboro, second; Ledford Senior High School of Thomasville, third and Rocky Mount Academy of Rocky Mount, fourth.

The winning team from West Bertie Elementary School was coached by Bobby Occena and team members were Brandon Craft, Shay Watts, Garrett Johnson, Clint Townsend and Lee Bunch. West Rowan Junior High School in Cleveland finished second.

Top schools were also recognized in the three events.

In trapshooting, Pamlico High School of Bayboro finished first, Rocky Mount Academy was second and Southern Alamance High School of Graham was third. In the rifle competition, West Davidson High School was first. Ledford Senior High School, second and Pamlico High School, third. In the archery competition, Ledford Senior High School was first, Pamlico High School, second and West Davidson High School, third.

Individual winners were also honored. The top competitors overall were Randy Daniels of Pamlico High School, first, Greg McElrath of West Davidson High School, second and Barry Gregory of Forbush High School of East Bend, third. In the junior division, Brandon Craft of West Bertie Elementary School was first.

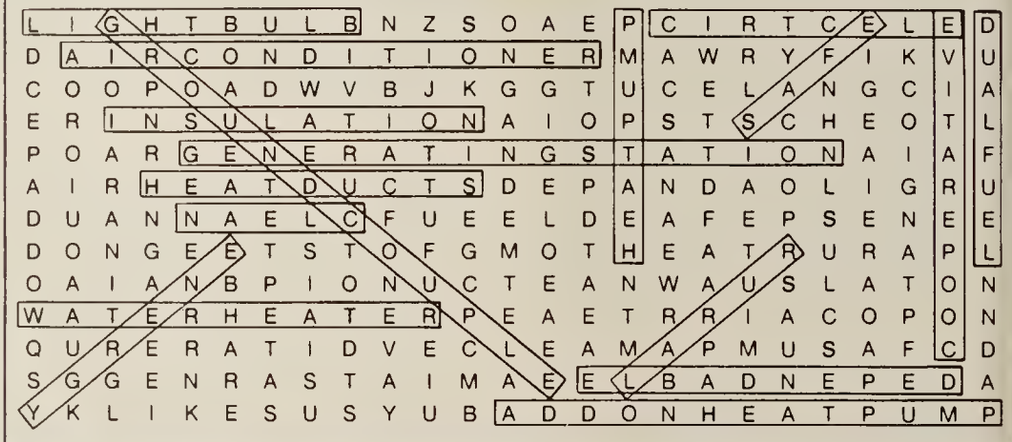
The top score in trapshooting was shot by Rod Payne of Southern Alamance High School in Graham and top honors in rifle and archery competition went to Greg McElrath of West Davidson High School.

Several optional events were added to this year's tournament. A muzzle-loader shoot was won by Page High School of Greensboro. The outdoor skills competition, which tests wildlife knowledge and associated skills such as orienteering, was won by the South Johnston High School FFA of Four Oaks. Juniors and seniors competed together in this event, however, and Brandon Craft of West Bertie Elementary School was the only competitor to turn in a perfect score.

—*Wildlife In North Carolina*

Word Search

Puzzle on Page 10



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Living Will Sets Limits On Medical Treatments

"Writing a 'living will' allows you to control decisions about your medical care," says Barrie Balzli Stokes, extension family resource management specialist at North Carolina State University.

A living will can include a decision to withhold extraordinary procedures if your condition is terminal, the extension specialist explains.

North Carolina was one of the first states to adopt a living will law. More formally known as a "Declaration of a Desire for a Natural Death," this document informs your doctors and family that you do not want to be kept alive by extraordinary treatment when doctors have determined your condition is terminal and incurable.

"Extraordinary treatment" means any medical procedure which, in the judgment of your doctor, would only postpone artificially the moment of death by sustaining a vital function.

The living will protects doctors and hospitals if they respect your request and withhold treatment. A doctor isn't required to carry out your wishes, so the matter should be discussed with him or her. If you make out a living will, you can change your mind simply by saying so to your doctor.

If you wish to have a living will, you may use the state's "Declaration of A Desire for A Natural Death" form (N.C. General Statute 90-321).

You may obtain a free copy by writing The Society for the Right to Die, 250 W. 57th St., New York, N.Y. 10019. Some libraries, particularly those located at universities, also have copies of the general statute available for photocopying.

You may have a living will written out by your lawyer.

The law also allows your family and physician to make decisions about extraordinary treatment if you are unable to do so.

Extension Service Compiles Directory Of Hay Supplies

The North Carolina Agricultural Extension Service has compiled a directory of hay supplies for drought-stricken livestock farmers.

Each county extension office has a copy of the directory, according to Dr. Joe Phillips, assistant director of the organization.

A copy may also be obtained by calling the statewide, toll-free number for Extension Teletip: 1-800-662-7301.

Phillips said the directory lists both in-state and out-of-state sources of hay. It gives the owner's name, address, telephone number and type of hay he or she has for sale.

Most of the available hay in North Carolina is in the northeastern and southeastern counties, Phillips said.

Forage crops in these areas have not been hit as hard by the drought as those in the Piedmont, where many cattle are being sold early because of feed shortages.

The directory lists out-of-state feed sources in Kansas, Michigan, New York, Ohio, Illinois, Missouri and Virginia.

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Waging War In North Carolina's Backyard

Law enforcement officials see the war on illegal drugs escalating as proposed federal budget reductions threaten to curtail their thin line of defense.

A recent nationwide poll asked a representative number of Americans to name the biggest danger today.

Terrorism was listed number one, followed by unemployment, the budget deficit and a number of lesser evils.

Hardly noticed was the danger that many government officials say is the nation's number one problem: the use of illegal drugs.

While the nation watched as our ships and planes attacked Libya, where there is proof that terrorism is spawned and nurtured, back home few Americans realized that the U.S. government is far from winning another war—the fight against cocaine and heroin.

Every few days people read in their newspapers or see on their television screens that federal or state agents have seized a shipment of illegal narcotics but no one knows how many tons of the stuff have gotten into the country undetected—and is being peddled on the streets of America.

Those who are engaged in fighting the traffic know the amount is considerable.

Most of the drugs coming into the country are from South America. As a result, Florida has been the prime entry spot, with Miami becoming the nation's drug capital.

The U.S. Drug Enforcement Administration (DEA), the agency that enforces the narcotics laws, has concentrated its efforts there, seeking to grab the drugs at their port of entry.

With a task force headed by Vice President George Bush operating in south Florida, the agents were able to have some success in intercepting the illegal shipments but those waging the fight admitted they were having only limited success.

"You have to recognize the size of the problem," said one federal official. "This stuff is being shipped in so many ways and in so many hiding places that it is a constant problem as to where it will appear next."

All of this has led to gangland type killings in Miami and the surrounding area as narcotic gangs have engaged in shooting wars with federal agents and with rival gangs.

With federal agents concentrating their efforts in the Miami area, drug traffickers started using other places to smuggle their cargoes into the U.S.

Southern California has become a port of entry, as has North Carolina and Tennessee. And with their limited resources, DEA agents have found their efforts to wage war against the traffic pushed almost beyond the agency's resources.

North Carolina, for instance, has 300 miles of coastline which offer opportunity to those seeking to bring drugs in by boat and hundreds of small air strips in rural places where small planes can land.

To counter this increased traffic, the DEA has less than a dozen agents stationed in the state at field offices in Wilmington and Greensboro. A third office is planned for Charlotte.

This has left the brunt of fighting the traffic up to state authorities.

Robert Morgan, a former U.S. senator and now director of the State Bureau of Investigation, calls it the number one crime problem in the state and nation.

"The criminals who are bringing cocaine and heroin here are organized, well-financed and extremely sophisticated," Morgan says. "Trying to stop them calls for a constant, all-out effort."

His drug enforcement agents work closely with federal and local officers in seeking to patrol the state's

A technician at the State Bureau of Investigation tests evidence gathered in a case involving illega drugs. With the flow of such drugs into North Carolina growing steadily law enforcement agencie across the state are finding their resources stretched thin as they try to cope with the massive problem.

100 counties.

But the SBI forces have been spread so thin that Gov. Jim Martin appealed to the General Assembly earlier this year for funds to hire additional agents.

The appropriation sailed smoothly through the legislature, setting the stage for the agency to add 23 new agents to its roster.

The facts of the situation seem to be that both state and federal enforcement agencies have been overwhelmed by the volume of illegal drugs being illicitly imported. In these days of $200 billion deficits at the federal level, limited resources are available to deal with the problem.

Agents say the number one problem is cocaine, which seems to have supplanted heroin in that spot.

"Just a few years ago," Morgan said, "cocaine was sort of regarded as a socially accepted thing to use and had a reputation as being a sophisticated substance to use at parties. There was also a myth that it wasn't addictive. Now we know it creates addicts and is just as deadly as heroin."

"And because it is addictive and causes such a craving among addicts it leads to more thefts, burglaries and even murders, because a true addict will even kill to get it."

A number of polls and surveys taken in the past few months show that a surprisingly large number of high school and college students say they have used cocaine at least once. A recent federal report estimated that some 5,000 people use cocaine for the first time every week.

With such widespread acceptance, many experts fear that drugs are undermining the health and moral fibre of a large part of the population. This, they say, makes it more of a threat than terrorism, budget deficits or unemployment.

It has been a major problem in sports and has received more publicity in that area than any other, because of the prominence of the individuals involved.

This past winter several major league baseball players were called to testify in a case against a drug pusher who had been peddling cocaine in a major league club house. All of them testified that they had bought cocaine from the man.

They were later given stiff penalties by the baseball commissioner and all complied with the order to give 10 percent of their salaries for the fight against drugs.

The Justice Department has advocated widespread drug testing of individuals in certain situations but this idea has been resisted by those who say it would violate the public's right to privacy and thus is unconstitutional.

Professional basketball, which has been seriously damaged by drug use, seems to have found one solution. If a player has a drug problem, he will be given help twice. The third time, he will be discharged and barred from the NBA for life. That happened to one player, whose annual salary this year was $750,000.

That's a pretty steep price to pay for using something that was considered socially acceptable and non-addictive just a few years ago.

Mandatory drug testing in sports has been advocated but players have balked at this, saying this would cause self-incrimination and violation of their privacy. Some labor unions have resisted attempts by business to require drug testing of employees.

Drugs, however, are causing business a huge headache. Employees who use drugs are often absent and not as productive and this costs business a lot of money. Drugs also cause a higher rate of employee turnover as workers are dismissed because of poor performance.

Earlier this year, the President's Commission on Organized Crime recommended practically universal drug testing by business and outraged a lot of people who felt they were ignoring the U.S. Constitution. This approach stirred so much anger that there seemed to be little chance that it would be carried any further. It was labeled a means of making businessmen do the work of policemen.

But many Americans are coming to see drug use as it affects productivity in industry. The costs in lower productivity help keep the nation less competitive with foreign imports and add to the country's trade deficit.

However, unless drug suppliers can be apprehended and removed from the market place, there are only two ways to halt the use of narcotics and that is for people to stop selling drugs or for other people to stop buying them. Neither will just happen.

In North Carolina, that means that the only line of defense is those 65 agents out there from DEA, the SBI and local law enforcement agencies—and it is a thin line. Local officers have many other laws to enforce and their contribution is necessarily limited.

But Morgan has high praise for local officers' contributions.

"Their contribution to the war on drugs is extremely valuable," he says. "They know the people in their own counties and know what's going on in their communities. Our agents work with them very closely and depend upon them as partners in this drug battle."

So Americans have a very real war going on in their own backyards with these agents constantly defending against dangerous well-armed traffickers who will kill to protect their huge profits.

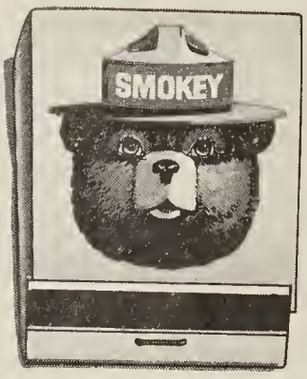
Meanwhile, there seems little likelihood that any help will be forthcoming from the nations to the south where the drugs are coming from.

U.S. Attorney General Edwin Meese has made several visits to Mexico in the past few months urging that government to help stop the narcotics flow from there, but nothing has come of his effort.

In Colombia, the drug merchants may be stronger than the government. Not too long ago, a majority of the Colombian Supreme Court was assassinated. No one has been punished for the crime.

It's a major problem for both national and state governments. Morgan cited some figures as to just how big it is.

"We have two laboratories operated by the SBI," he said. "In June, 1985, in a report on the number of pieces of evidence examined for the year to that date, the total was 15,696. Of that number, 10,848 were drug cases."



Let's close the book on forest fires.

The Lazy Man's Way to Catch Fish Like Crazy!

How many times have you gone fishing and not even gotten a bite; plenty, I'll bet. What's more, not getting a bite can be maddening and just plain hard work and that's *no* fun!

Well, one day about five years ago, I discovered "Catch Fish Like Crazy" and found out that fishing could be fun every time I went out.

It's really so simple, that when you give "Catch Fish Like Crazy" a try, you too will discover the real pleasure of great fishing.

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It doesn't matter whether you drop a line in the water every chance you get, or you've never fished in your life. It doesn't matter what kind of fish you're after. It doesn't matter if it's live or artificial bait! It doesn't matter whether you fish in fresh or salt water . . . just spray a little "Catch Fish Like Crazy" on your bait, and you'll catch more fish, bigger fish, easier than you ever have in your life!

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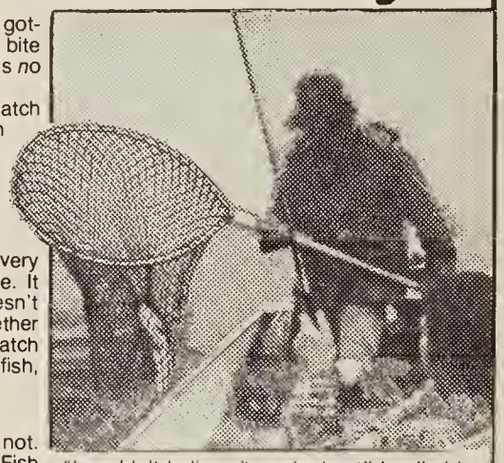

"I couldn't believe it worked until I pulled in this one." H.B. Grand Rapids, Mich.

Hard to believe? It's not. Because if "Catch Fish Like Crazy" doesn't work for you, just drop me a line telling me so and I'll promptly refund your money with no questions asked. What could be fairer than that?

Discover the lazy man's way to Catch Fish Like Crazy. Give "Catch Fish Like Crazy" a try. A long-lasting spray can is only $6.00. Just fill out and mail this coupon today.

"I used your spray and caught all these fish" J. Hannon, Chicago

HERE'S WHAT FISHERMEN SAY ABOUT MY SPRAY:

"I first learned of your remarkable product during a bass tournament, while fishing with a partner using "Catch Fish". Well, he did just that, Catch Fish all day long! After that day he gave me a container of 'Catch Fish' and my success increased 100%. C.L., Granite Quarry, NC.

"I used it and my husband didn't. I caught three times as many fish as he did and the ones I caught were bigger!" Mrs. G.A., McKenzie, TN.

"I caught 9 big strippers in Lake Mead and I used your 'Catch Fish Like Crazy' and it really works!" C.M., Las Vegas, NV.

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I will send you my "CATCH FISH LIKE CRAZY" spray. If you don't CATCH FISH LIKE CRAZY—don't even bother to return it—just send me your name and address and I'll return your money immediately.

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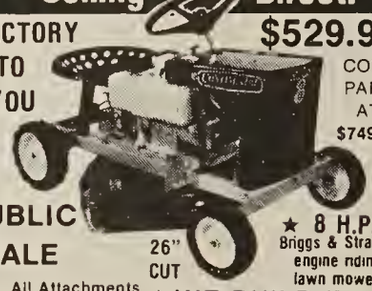

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Advertising that does not conform to these standards or that is deceptive or misleading is never knowingly accepted.

Should you encounter noncompliance with these standards, please inform the editor at P.O. Box 27306, Raleigh, NC 27611.

Boy Scouts To Offer New Disease-Resistant Elms

The Boy Scouts of America and a non-profit research agency have joined forces to replace the shade trees America has lost to Dutch elm disease, using new disease-resistant elm saplings.

The research agency, Elm Research Institute (ERI) in Harrisville, NH, was established 20 years ago to find a way to save the American elm from Dutch elm disease. The disease was first introduced into this country in the early 1930s and has virtually eliminated the elm in many areas where it was once a prominent species.

Through a cooperative effort called the Johnny Elmseed Program, Boy Scout troops are starting small nurseries where they will raise elm seedlings to be transplanted throughout their communities.

ERI is supplying the scouts with seedlings of the new American Liberty Elm, which is guaranteed to be resistant to Dutch elm disease. Project patrons can buy a one-foot-tall American Liberty Elm for $25 for planting wherever they wish or to be donated to the scouts' nursery.

For every tree purchased through the scouts' program, ERI will donate a one-foot seedling to the troop's nursery. And for every 10 trees sold, ERI will contribute a six-foot tree to be transplanted in a public place.

For more information, call your local Boy Scout Council or call ERI, toll-free, at 800-FOR-ELMS.

MISSING

Arn Denise Johnson
Date Missing: 4/2/86
From: Big Sandy, Texas
Date of Birth: 3/26/81
Black Female
Eyes: Brown
Height: 3'
Weight: 39
Hair: Black

Hector Modesto Martinez
Date Missing: 7/3/8[illegible]
From: [illegible] Los Angeles California
Date of Birth: 8/3/74
Hispanic White Male
Eyes: Brown
Height: 5'
Weight: 70
Hair: Black

If you can identify these children call The National Center for Missing and Exploited Children:
1-800-843-5678

This message is brought to you by the National Child Watch Campaign™ a cooperative effort between the National Child Safety Council, The National Center for Missing and Exploited Children and the American Gas Association.

National Child Safety Council is a non-profit organization supported solely by private contributions. The Council assists law enforcement agencies in the effort to combat the national tragedy of missing children in every state in the continental United States. If you would like to assist their efforts to help locate other missing children, please send your tax-deductible contribution to: MISSING CHILDREN SEARCH, National Child Safety Council™, P.O. Box 1368, Jackson, Michigan 49204.

NATIONAL CHILD WATCH CAMPAIGN
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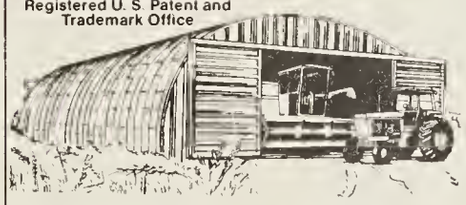

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Potato Casserole

2 lb. frozen hash brown potatoes, thawed
1 can cream of chicken soup
8 oz. sour cream
2 cups sharp cheese, grated
1 pkg. plain Ritz crackers, crushed

Mix potatoes, soup and sour cream. Put into baking dish; place grated cheese and cracker crumbs on top. Melt enough butter or margarine to pour over the top. Bake for 30 minutes at 350°.

—Frances Leonard Matthews

Onion Corn-On-The-Cob

1 envelope onion soup mix
½ cup margarine
½ tsp. salt

Mix ingredients together; spread on corn and wrap tightly in foil. Grill over hot coals for 30-35 minutes.

—Perry Ardrey Matthews

The recipes reprinted here are from *Delectable Collectibles*, a cookbook published in 1984 by members of the Harrison United Methodist Church in Pineville.

Members of the 201-year-old church put the cookbook together as part of a fund-raising project to help finance construction of a new sanctuary, which was completed last fall. The new facility replaced an 82-year-old structure that was destroyed by fire in March, 1984.

The 146-page softcover cookbook may be ordered for $6 per copy, including postage and handling. Send orders to Harrison United Methodist Church, Attention: Barry Hemby, 15008 Lancaster Highway, Pineville, NC 28134.

A Milestone For Historical Markers

Another 50th Anniversary of particular interest to vacation travelers this year is the North Carolina Highway Historical Marker Program. It was Jan. 10, 1936, when the first marker was erected in the Granville County community of Stovall, designating the home of John Penn, a Declaration of Independence signer.

Since then the familiar markers have been placed in practically every city and town throughout the state. Each county has at least one marker; Wake has the most (63), with New Hanover and Guilford next in order.

In all, there are nearly 1,250 of the familiar markers standing on North Carolina's state or federally-numbered highways, designed for convenient reading by passing motorists ....

—*The State*

Newspaper Clippings: How To Preserve Them

If you want to preserve a treasured newspaper clipping, whether a recipe or an item about Uncle Hugo's embezzlement trial, there's hope.

Newsprint, because of elements ranging from fiber quality to the effects of light, is prone to deterioration, but it can be stabilized.

Paper chemists offer this tip: Dissolve a Milk of Magnesia tablet in a quart of club soda and refrigerate overnight. Place the clipping in a flat pan the next day, pour the mixture over it and let it sit for an hour. Then lay the clipping flat to dry.

—*The North Carolina Press* N.C. Press Association

Fish Odors: Getting Them Off Your Hands

Fish have a way of staying with you long after they've been caught and getting the odor off your hands is a problem that has plagued anglers since the stone age.

Here is a solution that works, however.

Simply take a tube of toothpaste and put a small amount on your hands. Dampen your hands and rub them together. Work the toothpaste into a lather and then wash your hands off. The odor of fish will be gone.

—Lawrence Musselwhite in *Wildlife In North Carolina*

Stewardship Program Protects Tar Heel Streams

The following was excerpted from Stream Watch, *a brochure published by the North Carolina Department of Natural Resources and Community Development.*

What is Stream Watch?

The stream watch program was developed to encourage North Carolina's citizens to become stewards of the state's lakes, rivers, streams and estuaries.

Concern for the quality and availability of our waters has already produced many public interest groups throughout the state. Many of these groups are actively pursuing programs aimed at protecting waterways in their areas.

Stream Watch encourages these and other groups to:

- Request designation as a *Stream Watch* organization.
- Accept the responsibility for a river basin or watershed of particular interest.
- Promote the river basin by documenting its unique ecology and history.
- Improve water resources throughout North Carolina with the direction and guidance of the state government.

How Does Stream Watch Work?

There are numerous activities in which *Stream Watch* groups can participate. Some examples are:

- **Education:** The Department of Natural Resources and Community Development (NRCD) can provide information to *Stream Watch* organizations about activities occurring in their river basins which could affect the stream's water quality. In addition, the department can provide slide/tape shows on related programs and issues.
- **Stream Assessment:** *Stream Watch* organizations are encouraged to conduct stream walks along their river basins. During the walk, *Stream Watch* members can take notes of activities occurring along the stream such as: withdrawals of water, chemical spills, fish kills, algal blooms and erosion problems. Assistance is provided by the NRCD staff during preparation and execution of a stream walk.
- **Restoration And Recreation:** *Stream Watch* organizations can encourage and participate in riverbank cleanups, habitat improvement efforts and erosion control campaigns. In addition, organizations may wish to sponsor fishing tournaments, canoe trips and rafting trips to build public appreciation of the state's water resources.

How Can My Group Become A Stream Watch Organization?

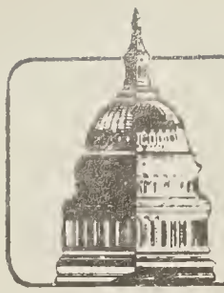
If your group is interested in protecting and enhancing water quality in North Carolina's surface waters, it can become a *Stream Watch* organization.

Your group should first identify a river basin, watershed, creek, river or lake of particular interest.

Next, complete a proposal form provided by NRCD. Describe your concerns about the water quality of the watershed. Be sure to list ways that your group would like for state government to assist you in improving the watershed.

Then, you will receive a proclamation signed by the secretary of NRCD and the director of the Division of Environmental Management. This will formally designate your group as part of the *Stream Watch* program.

For more information about *Stream Watch* write or call Jim Mead, Division of Water Resources, NRCD, P.O. Box 27687, Raleigh, NC 27611. Phone: (919) 733-4064.



WASHINGTON SCENE

Congress Eyes Plan For Co-ops To Offer Decoded Satellite TV Programming

Officials of the National Rural Electric Cooperative Association (NRECA) are currently preparing to meet with representatives of the cable industry to discuss plans for decoding scrambled television signals for rural Americans who own satellite dish antennas.

The plans are being developed around a proposal from NRECA that could offer dish owners a package that unscrambles the signals of five stations for a fee of about $10 a month. Other decoded premium channels could be offered as add-on options.

Such a service has the potential to reach about 1.2 million Americans, according to Bob Bergland, executive vice president of the Washington-based association.

Bergland outlined the proposal for members of the Subcommittee on Telecommunications, Consumer Protection and Finance of the House Committee on Energy and Commerce at a recent hearing.

He pointed out that the nation's electric co-ops could serve as "the bridge to close the chasm" between those who send out the programs and those who want to receive them.

He explained that NRECA is assisting in the formation of a new national co-op that could be the go-between to unscramble the satellite signals for consumers and collect a fee for the programmers.

"The ability to receive news broadcasts, financial and commodity reports, educational programming, weather reports, as well as entertainment, is an asset to modern rural living," Bergland said. "These (rural) areas must have access to similar services—like telecommunications—as are available in more densely-settled areas."

Television programming transmitted by satellite to cable systems throughout the country could be freely monitored by home dish owners until several programmers, including Home Box Office, began scrambling their signals. As a result, dish owners can now receive those signals only by adding a costly decoder device to their dish systems.

Bergland said that a dish owner could now spend upwards of $40 a month for programming.

"This would be on top of the estimated $50 for hardware. We feel strongly that rural consumers should not be expected to pay $90 per month for this service urban consumers receive for less than one-half that amount."

He added: "There is great concern in America's rural areas that scrambling of satellite programming may darken the skies."

The proposal drew a warm response from members of the subcommittee.

Rep. Tim Wirth of Colorado, subcommittee chairman, urged the cable industry to meet with NRECA to see if a programming package arrangement might be feasible.

Among those showing interest in the rural electric plan were Jack Valenti of Hollywood's Motion Picture Association of America and John Cooke, president of the Disney Channel.

In addition, North Carolina's Seventh District Rep. Charles Rose and Tennessee Sen. Albert Gore held a news conference hailing the entry of the electric co-ops into the field of telecommunications.

The new co-op that's being organized is a joint venture of NRECA and the National Rural Utilities Cooperative Finance Corporation, a Washington-based lending institution which was formed by U.S. co-ops to help with their financing arrangements.

The new entity would be known as the National Rural Telecommunications Cooperative.

Gramm-Ruddman Ruling Means Lawmakers' Budget Work Far From Finished

The U.S. Supreme Court's ruling striking down a section of the Gramm-Rudman-Hollings deficit reduction law has created more work for Congress this summer.

Just two weeks before the decision, the House and the Senate had approved a budget framework calling for a deficit of $142.6 billion for the 1987 budget year, which begins Oct. 1. Although that meets the Gramm-Rudman target of a $144 billion deficit, many analysts fear that it could be off by tens of billions of dollars when the Aug. 15 deficit projections are released.

Under the original version of the Gramm-Rudman law, that deficit estimate by the Congressional Budget Office would require across-the-board cuts to reach the $144 billion level. But then the Supreme Court ruled that Congress could not turn over that kind of power to unelected people in the budget office.

As a result, if Congress had underestimated the deficit, senators and representatives will either have to make the cuts themselves or face the voters in November, having failed to deliver on the promise to cut the deficit.

Congress also has to decide whether to lock in a $11.7 billion cut made early this year under the now-illegal section of Gramm-Rudman. Congress has until September to legalize the 4.3 percent across-the-board reduction.

The budget document adopted in late June serves as a guide to the appropriations committees, which will now begin to pass bills spelling out what each federal agency can spend.

"If Congress has underestimated the deficit, senators and representatives will either have to make the cuts required by Gramm-Ruddman-Hollings themelves or face the voters in November, having failed to deliver on the promise to cut the deficit"

The budget resolution meets the deficit targets by reducing the level of military spending increases called for in the White House budget, trimming foreign aid by about 10 percent, reducing aid for highways and mass-transit and selling federal assets.

The budget numbers include $1.4 billion in income from rural electric cooperatives, which were just given permission to pay off loan guarantees held by the federal government and refinance them through private lenders in order to take advantage of today's lower interest rates.

The resolution sets a level of $622 million for loans to rural electric cooperatives from the Rural Electrification Administration's Revolving Fund.

It also allows $813.5 million in REA loan guarantees, which are used primarily to finance rural electric power plants and transmission lines. Those levels are the same as those for the current fiscal year.

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"Times Past," a signed and numbered print, is from an original painting by Raleigh artist Allen Montague which was commissioned by the N. C. Association of Electric Cooperatives, Inc. It was featured on the *Carolina Country* cover in May, 1985.

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EMC ANNUAL MEETINGS CALENDAR

Date	Electric Membership Corporation	Time	Location
Sept.			
20	Albemarle, Hertford	Registration: 12:00 Noon Business Meeting: 2:00 p.m.	Kermit E. White Graduate & Continuing Education Center of Elizabeth City State University
Oct.			
3	Central, Sanford	Registration: 6:45 p.m. Business Meeting: 7:30 p.m.	Lee Senior High School, Sanford
4	Surry-Yadkin, Dobson	Registration: 12:00 Noon Business Meeting: 2:00 p.m.	Surry Central High School, Dobson
	Union, Monroe	Registration: 11:00 a.m. Business Meeting: 1:00 p.m.	Piedmont High School, Monroe
6	Cape Hatteras, Buxton	Registration: 7:30 p.m. Business Meeting: 8:00 p.m.	Cape Hatteras High School
	Four County, Burgaw	Registration: 6:30 p.m. Business Meeting: 7:30 p.m.	Union High School, Clinton
7	Lumbee River, Red Springs	Registration: 6:00 p.m. Business Meeting: 7:30 p.m.	Performing Arts Center, Pembroke State University
11	Crescent, Statesville	Registration: 8:30 a.m. Business Meeting: 10:00 a.m.	Statesville Senior High School
	Davidson, Lexington	Registration: 10:30 a.m. Business Meeting: 11:00 a.m.	Central Davidson High School, Highway 47, Lexington
18	Brunswick, Shallotte	Registration: 8:00 a.m. Business Meeting: 10:00 a.m.	West Brunswick High School, Highway 130 Shallotte
25	Rutherford, Forest City	Registration: 10:00 a.m. Business Meeting: 11:00 a.m.	East Rutherford High School, Forest City

Credit Union Officer Cited As State's Top Volunteer For 1985

Ann S. Curren, manager of office services for Wake Electric Membership Corporation, Wake Forest, has been named the Outstanding Credit Union Volunteer of the Year for 1985 by the North Carolina Credit Union League.

A charter member of EMC Employees Credit Union, Mrs. Curren has served as the organization's loan officer at Wake EMC since the credit union was formed in 1969.

The credit union, which has current assets of $7.9 million, serves about 3,300 members who are employees of 46 electric and telephone cooperatives in North Carolina and Virginia.

Mrs. Curren served on various credit union committees before being elected to its Board of Directors in 1977. She is now president of that board, a post she was first elected to in 1982.

During her term as president, the Credit Union has inaugurated several new services while its assets have grown by about 80 percent, loans by 91 percent, deposits by 94 percent and capital by 82 percent.

She is also a member of Credit Women International, a trade association. She is a member of its board and chairs its Ways And Means Committee.

In other endeavors, Mrs. Curren has been active in the committees of the statewide organization of EMCs the PTA, the Democratic Party, the Wake Forest Women's Club and her church.

She is a former member of the board of the EMCs' statewide political action group, the Rural Electric Action Program. She served as chairman of that board for seven years.

In addition, she is serving a two-year term as a member of Wake Forest's Town Planning Board.

Experts Report... Once Established... Water Just Once A Week... Be Absolutely Amazed As All Growing Season Long—Week In, Week Out... Compared To Even The Majestic Black Spruce... WONDER SHADE TREE

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YES, ROOF-HIGH IN JUST ONE YEAR!

and keeps on skyrocketing 30-40-50 EVEN UP TO 60 FEET HIGH OR MORE in less time than most trees nudge themselves a few feet off the ground.

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Yes! Based on amazing growth rates reported by plant scientists—it grows SO FAST . . . arches out SO WIDE . . . you can actually take a ruler and measure the incredible difference in height every 2 to 3 days! OR, to really leave your neighbors gasping in awe and wonder, give them a yardstick and let them measure the difference IN FEET every 2 to 3 weeks!

Yes, goes on to thrust itself so high, so fast that it actually towers over even a Japanese Red Maple, Cherry Tree or even the most graceful silky willow in such a ridiculously short time you will simply refuse to believe your eyes! Think of it!

GROWS MORE IN JUST ONE MONTH THAN MOST TREES GROW IN AN ENTIRE YEAR!

Because according to plant experts, Govt. scientists and Botanical Gardens who researched this wonder-hybrid . . . once established, you merely water it once-a-week, and be absolutely floored as, during its SUPER-SOARING growing season, it GROWS AS MUCH AS A FULL ½-FOOT WEEKLY AFTER EVERY TIME YOU WATER IT!

That's right! Grows higher than even a full grown Flowering Dogwood IN JUST ONE SINGLE SEASON! Grows higher than even a full-grown Star Magnolia IN JUST ONE SINGLE YEAR!

PLANT NOW—REACH OUT AND TOUCH ITS LUSH, THICK BRANCHES FROM YOUR SECOND STORY BEOROOM WINOOW BY THE NEXT SUMMER!

No doubt about it. There's just not another "instant" Shade Tree like it on this planet! Because thanks to this miracle of plant science, instead of spending a small fortune on a tree and then waiting half a lifetime for it to grow . . . get set for the garden-wonder of your life as this super-soaring hybrid rockets forth from a prize nursery-grown plant to a tower of roof-high beauty in less time than you ever dreamed possible.

GROWS IN VIRTUALLY ANY SOIL—REQUIRES NO SPECIAL CARE—SOARS INTO A MASTERPIECE OF BEAUTY IN JUST A MATTER OF MONTHS!

Best of all, unlike most trees that demand constant care, constant pampering . . . about the only thing you do after you plant this super-growing wonder-hybrid is water it and enjoy it! That's why leading botanical gardens . . . landscape artists . . . garden editors . . . can't stop raving about its indescribable beauty . . . its trouble-free care . . . its surging, towering growth.

Small wonder that leading experts hail it in the most glowing terms . . . recommended it again and again for homeowners who want a stunning display of beauty . . . both a wind and privacy screen and deep, cool shade . . . and with practically no more work than a thorough watering each week!

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HANK'S GARDENING GUIDE

August is the month when gardens turn the corner. Summer vegetables and flowers have added their joy; thoughts now turn toward autumn.

Watering usually takes priority in August. It's during this critical period that many plants are setting next season's flower buds. Immature berries of hollies, nandinas and pyracanthas may be lost because of insufficient moisture. Soak the soil around these shrubs at least once a week if there is no rainfall.

Make Cuttings

Take cuttings of broadleaf evergreen shrubs for rooting in a moist, well-drained soil. Most cuttings placed in a semi-shaded location should root within ten to twelve weeks.

Rose Care

For better fall flower production, prune back extra-large rose bushes. Continue to feed and water all roses regularly and spray or dust for the control of insects and diseases.

Although there usually are fewer blooms in the autumn than in the spring, many rose growers consider the fall flowers to be of higher quality.

Chrysanthemums

To produce larger flowers on standard or "football" mum plants, pinch out all side buds. Leave only one to three flower buds per stem.

Keep plants staked, watered and fertilized on a regular basis.

Vigilance is the price of choice mums.

Depend On Perennials

If you haven't done so, plant perennial and biennial seeds. Now is the ideal time to dig and divide hollyhocks, perennial salvia, perennial phlox, primroses, perennial salvia, iris and daylilies.

If you end up with more plants than you need or can find landscape space for, there may be a young couple with a new home nearby who will appreciate a plant gift. Or, perhaps there is a community landscape project that needs more plants for seasonal color.

Shrub Care

Give shrubs one last feeding this month. New growth will have time to harden before winter cold and freezes arrive. If there's not a shower immediately after fertilizing, water well.

As blooms fade on vitex, crepe myrtle and buddleia (butterfly bush), remove them from plants. Fertilize and keep watered. They'll continue to bloom until frost.

Fall Vegetables

For fall vegetables, put in broccoli, cauliflower and cabbage plants. Sow seeds of kale, carrots, mustard, leaf lettuce, radishes and spinach.

Continue to harvest beans, tomatoes and other vegetables as they reach maturity.

Dig Glads

Dig gladiolus corms as soon as the foliage starts to die down. Otherwise, foliage may disappear and corms will be difficult to locate.

To Increase Rose Garden

Take cuttings this month to root for increasing your rose bed. Make cuttings six to nine inches long, using a sharp knife. Remove all but the top two or three leaves. Treat cutting with a root-inducing hormone powder.

Insert all but the top two or three inches into well-prepared soil located in a spot with good but indirect light. Water well and firm soil around each cutting.

Cover each cutting with an inverted glass jar to keep humidity high. Water as needed to keep soil moist.

Next spring, gradually remove the jar for longer periods of time each day for three weeks. Then transplant the rose to its permanent location.

Everlastings For Winter

This is the time to cut hydrangea, statice, strawflowers, cockscomb, amaranth and other flowers which are to be dried for winter bouquets.

Tie them in bundles, place in paper bags and hang in a dry place to "cure" until autumn.

Plant Madonna Lilies

Bulbs of Madonna lilies should be planted this month. Planting while scales and roots are still fresh will give good results.

When planting, leave the growing tips of bulbs less than an inch below the soil surface.

Stimulate Wisteria

If you have a wisteria vine that has declined in flowering the last few years, the trouble could be excessive vegetative growth.

Wisteria may be induced to bloom more freely if rampant growth is stopped now. Cut back runners and root-prune with a sharp spade. Insert the blade to its full depth in a semi-circle about six feet from the main stem of established plants.

If you're planting a wisteria, keep in mind that it is a very aggressive plant that can take over. It can climb into trees and shrubs and overpower fences.

Cutting Blooms

Most flowers should be fully open when cut. Roses and glads are exceptions. Cut them just as they are beginning to show color.

Composting

August starts the fall composting season when leaves of tulip poplars are already beginning to yellow and fall.

Select an out-of-the-way site for the compost pile—a spot where tree and shrub roots will not rob the compost of moisture and nutrients.

Mow High

If you haven't already done so, set your mower higher during the driest part of the summer. The higher grass blades will help to keep the roots shaded and cooler.

Asparagus

Late this month you should fertilize your asparagus plants so that roots and crowns can store food for next year's crop.

Apply three pounds of a complete fertilizer such as 8-8-8 to each 100 square feet of soil surface.

Indoor Winter Color

Coleus, geranimums, impatiens and begonias can be rooted now for indoor use this winter. Root cuttings in moist sand in a shaded location. Use clean builder's sand. Sand from the seashore contains too much salt.

Sturdy young specimens will look better and bloom better than leggy old stock plants.

Plan Ahead

Don't wait until planting season to work out your landscape plans. During hot periods when planting is practically at a standstill, you can design your new rose garden, outdoor sitting area or a new flower and/or shrubbery border.

Make a scale drawing of the area and try several solutions before settling for the first that pops in your mind. Good landscape design is utilizing the best of what nature left, blending and combining it with man-made features and objects.

In every case, there are several ways in which a functional design can be worked out. There often are several solutions to a landscape problem or development.

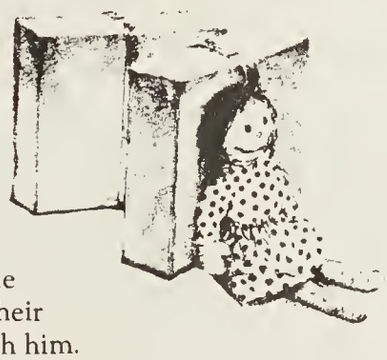
—Hank Smith

BOOKS

The Suitcases by Anne Hall Whitt. Acropolis Books. 184 pages. $10.95. Paperback published by New American Library, Inc., New York, $3.50. Both editions available by mail order through a fund-raising project sponsored by Crossnore School, a facility in Avery County serving underprivileged, abused and neglected children. Send orders to *The Suitcases*, Crossnore School, Crossnore, NC 28616. Add $1 for mailing and handling.

Times were so hard during the Depression of the 1930s that some of us who lived through it take a sort of pride in having endured it. It's a type of snobbery in reverse. Even those of us who never missed a meal like to look back on it to prove, I suppose, how tough we were.

But if that was a time of trial for families who stuck together, imagine how it must have been for three very young North Carolina girls—orphaned by the loss of their caring mother—who were shuttled from one unpleasant mode of life to another.



That is the theme of *The Suitcases*, and it can only be called a very moving account written by one of the three sisters who has quite a gift of recall. We share the lives of four-year-old Carolyn, seven-year-old Betty and Anne, who was six.

At first there is the happy family. Then the mother dies. A "lady in black"—the welfare worker—takes the young girls from their father. They will have little future contact with him.

Short-term and long-term habitations are somehow provided. In one dwelling the girls are severely regimented. In another, they fear an emotionally-disturbed boy. In one place their food is so meager that they suffer from anemia. But fortunately they do find a caring couple—later "Mother" and "Daddy"—who do care for them.

This is not the easiest reading you will encounter. Even while you admire the pluck of the sisters, this effective narrative gives you an excellent look into the thinking and personalities of children, who had to bear severe hardship and unfair treatment. The story raises the question: how many other children, even in this more sophisticated age, are suffering parallel experiences today.

After moving into a loving and caring family, the author spent six years at the famous Crossnore School, where Dr. Mary Martin Sloop and her less-well-known physician husband, Dr. Eustace Sloop, provided a unique school experience. But these are some of the better times described.

The general theme is concentrated on the hardships these three young girls lived through. We share the moments of joy when they are allowed to make small purchases in stores; when they finally get to go to a movie—as they had when they still had two parents. We share their emotions with them when their natural father, long estranged, finally dies—and the daughters find it a rather unmoving experience. Their lives had passed him by.

It is quite evident from this narrative that misfortune can build character. It certainly does in this case.

You may get through *The Suitcases* without shedding a tear. If you do, you are tougher than this humble reviewer.

—Frank Jeter, Jr.

In Search Of A Lush, Green Lawn

I admit it: I've never been fond of yard work.

To me, it's always been a duty to be performed as quickly as possible so I can get on to more rewarding pursuits. This is especially true of mowing the lawn, my least favorite outdoor task.

That's why my family nearly went into shock in the spring when I announced that I would *plant grass*.

I'd finally had it with the mixed green salad that was flourishing in our yard, in marked contrast to our neighbors' lush, green lawns.

So I planted and fertilized and watered. And watered. And watered. And I'm still watering.

How had I managed to get really serious about growing grass for the first time just as we were entering the worst drought the state has had in years?

I was telling a friend about all this, complaining about my luck—and the size of my water bill. He recalled an incident involving his own efforts to see that a new lawn got enough water.

"We'd just moved into a brand new house and we wanted to do everything we could to get the grass started right," he said. "We turned the sprinkler on one night and went out to a movie. When we got back, the ground was thoroughly flooded. So we were really proud of ourselves. Well, about a week later our builder's men came over to plant our grass!"

A New Theory About That Strange Wagon

Our readers continue to write us, offering their theories about how a farmer might have used the wagon that was featured on our cover last March.

The newest suggestion we have is that the wagon might have been shown from the rear and the apparatus at that end wasn't used for hitching up a team of animals.

"I think the back of the wagon is at the front of the painting," wrote Eloise Morgan of Rt. 5, Salisbury. "The tongue for hooking up the team was on the opposite side, perhaps." The apparatus at the rear, she said, might have been used to attach another piece of equipment, such as a mower.

Dorothy T. Hyatt of Whiteville had the same idea: "Can it be that the wagon tongue is on the *other* end of the wagon? I thought that must be some kind of special purpose gear on the *back* of it for some use not familiar to me."

G. Q. Long of Rt. 5, Unaka and Troy E. Terry of Rt. 1, Kittrell, added their support for the theory advanced in last month's column that the wagon had been rigged to be pulled by a tractor.

"It is a one-horse wagon that has been converted to be pulled by a tractor instead of a horse or mule," Terry wrote. "Many farm implements were converted in the same manner after the Great Depression."

Long noted that it appears to have been "hastily and bulkily converted" for this purpose. He said he remembered his grandfather converting several implements in this way for use with an Allis Chalmers tractor he acquired in 1948.

The various comments about the wagon also stirred such memories for other readers.

Violet Payne of Brasstown recalle how her father hitched a horse to his wagon—and even sent along an illustration of how it worked: a faded old photo post card showing a couple seated in a buggy.

Glennie H. Oglesby of Grifton sai the column caught the attention of her 92-year-old father. He showed her the column and began "explainin wagons, the animals and logging," she said.

"He was most interesting and could really enlighten anyone with the patience to listen. He has farmed all his life and today he works every day keeping his yard and flowers."

Can You Help?

If you like blackberries, you migh be interested in the recipe for "old fashioned blackberry pie" that's on page 12.

You might also be able to help on of our readers who's trying to find a recipe for blackberry cobbler that h late aunt used. The recipe, which was more than 40 years old, was lost when the aunt died.

Lenita Childree of Rt. 5, Zebulon said the recipe calls for a biscuit dough that is rolled and cut into strips. The blackberries are mashed and boiled into a juice and sweetene and thickened. The dough strips an berry mixture would then be layere in a pan.

If you have such a recipe, send it t us and we'll publish the one that comes closest to matching the old one Mrs. Childree remembers.

Mail it to: Cobbler Recipe, Carolina Country, P.O. Box 27306, Raleigh, NC 27611.

—*Owen Bish*

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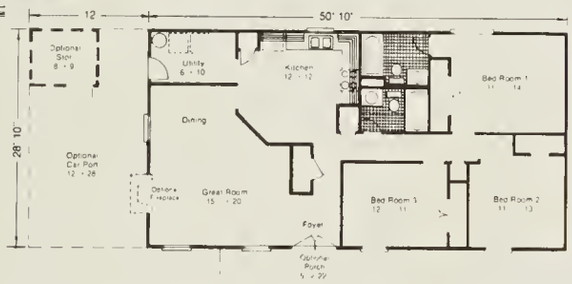

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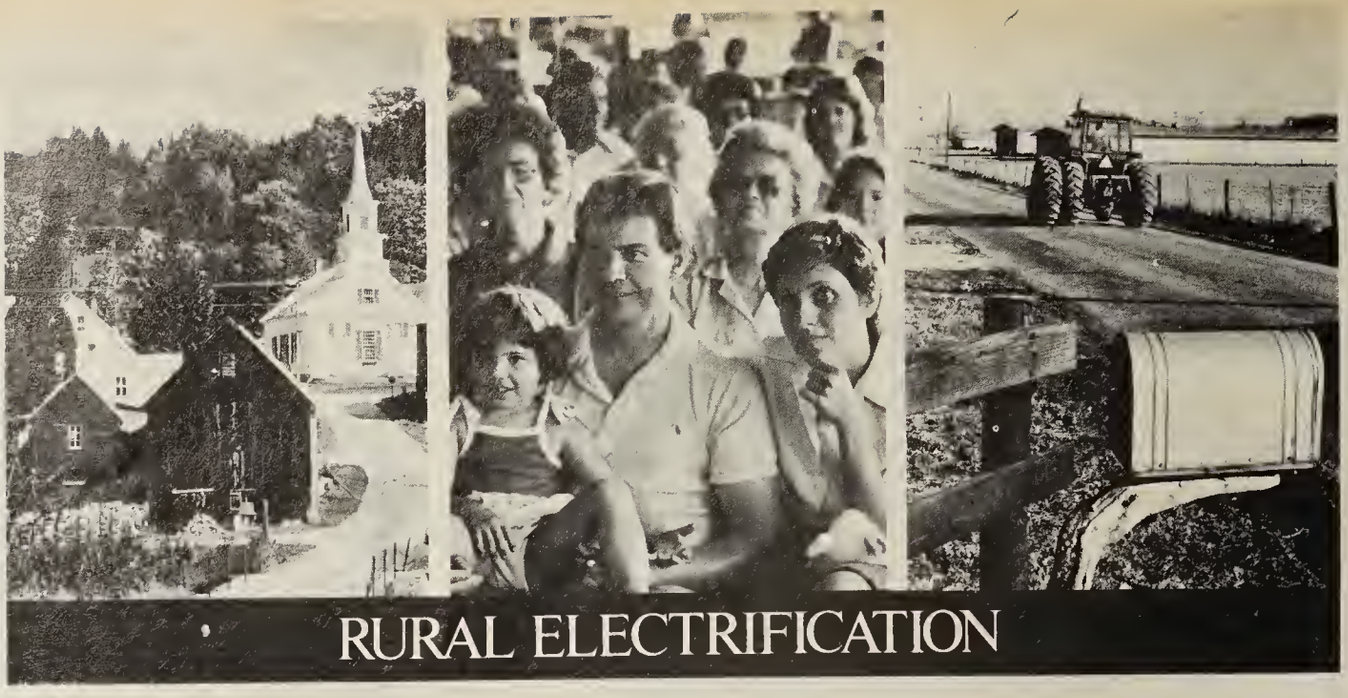

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